



## WPCN Specialty Clinics/Program Information

### Referrals & Contacts

#### Spruce Grove Location, Suite 101, 505 Queen Street, Spruce Grove

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info <a href="http://www.westviewpcn.ca">www.westviewpcn.ca</a> (Patient Services/Programs)
<b>After Hours Clinic</b>	Evenings 6-10 p.m. M-F	Phone: 780.960.9533 x221
<b>Obesity Clinic Nurse Case Managers (NCM) &amp; Physicians</b>	Every Tuesday with NCM, alternating Tuesday/Thursday with Dr. Janmohamed & NCM, alternating Wednesday/Thursday evenings with NCM only	By Physician/CA Referral- <a href="#">Fax Referral form</a> : 780.960.9591 Phone: 780.960.9533 x226
<b>Psychiatrist Dr. Mary McArdle</b>	Full-time practice at the WPCN Clinic (2-3 month waiting list)	By Physician-Fax Referral: 780.960.9591 Phone: 780.960.9533
<b>Women's Health Clinic (Female FP &amp; NP)</b>	Every Wednesday morning	Patients call: 780.960.9533 x221
<b>Shared Care Maternity Family Practice Program</b>		Patients call: 780.960.9533 x221 By Physician Referral- <a href="#">Fax Referral form</a> : 780.960.9591

#### Stony Plain Location, WestView Health Centre

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info <a href="http://www.westviewpcn.ca">www.westviewpcn.ca</a> (Patient Services/Programs)
<b>Chronic Pain Clinic</b>	Wednesdays 9-5 p.m.	By Physician/CA Referral- <a href="#">Fax Referral form</a> : 780.963.4547 Phone: 780.916.1611
<b>Pediatric Asthma Clinic Dr. I. Johnson, Dr. D. Horney</b>	Every 1 <sup>st</sup> & 3 <sup>rd</sup> Thursday of the month (am)	By Physician-Fax Referral to AHS: 780.968.3791



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#### Other Programs

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info <a href="http://www.westviewpcn.ca">www.westviewpcn.ca</a> (Patient Services/Programs)
<b>Clinical Associates (CA)</b>	Varies by FP Clinic	Grove Medical – 780.962.4455 Main Street Medical – 780.963.4391 Meridian Medical – 780.963.7800 Parkland Medical – 780.962.2001 Symphony Medical – 780.960.1125 Westgrove Clinic – 780.962.9888 Westland Family Practice – 780.962.9393
<b>Pharmacists</b>	<a href="#">Pharmacist schedules</a>	Pharmacist Lead–Kara Mohr–780.913.4346
<b>Mental Health Program</b>	Varies by FP Clinic	By Physician/CA/WHC Mental Health Referral- <a href="#">Fax Referral form</a> to: 780.963.7186
<b>Social Services Coordinator</b>	c/o FCSS 105, 505 Queen Street Spruce Grove, AB	Sabrina Morrison – 780.405.7996 cell SG – FCSS – 780.962.7634 Ext. 159

#### [Healthy Learning Sessions \(these sessions do not require a physician referral-patients may self-refer\).](#)

For patient self-registration, please call: 780.960.9533 x226

Group	Date
<b>Heart Health Class</b>	<i>How diet and medication work to lower your blood pressure and cholesterol.</i>
<b>Pharmacist Coumadin Class</b>	<i>Learn how to manage your blood thinner medication.</i>
<b>Smoking Cessation Program</b>	<i>A 3-Session program that aids to quit smoking with the help of a pharmacist.</i>
<b>6-session Obesity/Weight Management Clinic Nutrition Series</b>	<i>Week 1: Getting Off to the Right Start: Canada's Food Guide, Importance of Portions and Food Journals.</i> <i>Week 2: Planning for Success! Menu Planning and Goal Setting.</i> <i>Week 3: Staying on Track: Hunger vs. Appetite, Fibre and Label Reading.</i> <i>Week 4: The Truth about Fats: Dietary Fats and Dining Out.</i> <i>Week 5: Need Energy? Caffeine and Sugar Health Effects and Snacking.</i> <i>Week 6: Healthy Grocery Store Shopping: Tips and Tricks.</i> <i>Note: Daily activity-tips and weight loss strategies offered at every session.</i>