



## WPCN Specialty Clinics/Program Information Referrals & Contacts

### Spruce Grove Location, 101-505 Queen St, Spruce Grove

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info (Patient Services/Programs)
<b>After Hours Clinic</b>	Evenings 6-10PM M-F	Phone: 780-960-9533 x221
<b>Obesity Clinic</b> Dr. J. Janmohamed & Nurse Case Managers (NCM)	Every Tuesday AM with NCM, alternating Tuesday/Thursday with Dr. Janmohamed & NCM, alternating Wednesday/Thursday PM with NCM only	By Physician/CA Referral- <a href="#">Fax Referral form</a> : 780-960-9591 Phone: 780-960-9533 x226
<b>Psychiatrist</b> Dr. M. McArdle	Full-time practice at the WPCN Clinic (2-3 month waiting list)	By Physician-Fax Referral: 780-960-9591 Phone: 780-960-9533
<b>Women's Health Clinic</b> (Female FP & NP)	Every Wednesday AM	Patients call: 780-960-9533 x221
<b>Youth Mental Health Clinic</b> (Physicians, Child Psychologist, Social Worker)	Every Friday AM	Patients call: 780-960-9533 x221 By Physician/CA/SW Referral <a href="#">Fax Referral form</a> to: 780-960-9591
<b>Shared Care Maternity Family</b> Practice Program		Patients call: 780-960-9533 x221 By Physician Referral <a href="#">Fax Referral form</a> to: 780-960-9591

### Stony Plain Location, WestView Health Centre

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info (Patient Services/Programs)
<b>Chronic Pain Clinic</b> Dr. G. Boughen & Team	Wednesdays 9AM-5PM	By Physician/CA Referral- <a href="#">Fax Referral form</a> : 780-963-4547 Phone: 780-916-1611
<b>Pediatric Asthma Clinic</b> Dr. I. Johnson, Dr. D. Horney	Every 1 <sup>st</sup> & 3 <sup>rd</sup> Thursday AM of the month	By Physician-Fax Referral to AHS: 780-968-3791



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### Other Programs

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info (Patient Services/Programs)
<b>Clinical Associates</b>	Varies by FP Clinic	ConnectCare 587-315-0171 Grove 780-962-4455 Main Street 780-963-4391 Meridian 780-963-7800 Spruce Pro Family 587-461-0232 Symphony 780-948-9998 Westgrove 780-962-9888 Westland 780-962-9393
<b>Pharmacists</b>	<a href="#">Pharmacist schedules</a>	Kara Mohr, Pharmacist Lead 780-913-4346
<b>Social Worker</b>	c/o FCSS 105-505 Queen St Spruce Grove, AB	Caroline Peel, RSW 780-405-7996 Cell c/o FCSS-SG 780-962-7634 x159

**[Healthy Learning Sessions \(these sessions do not require a physician referral-patients may self-refer\).](#)**

*For patient self-registration, please call: 780-960-9533 x234*

Group	Date
<b>Heart Health Class</b>	<i>How diet and medication work to lower your blood pressure and cholesterol.</i>
<b>Pharmacist Coumadin Class</b>	<i>Learn how to manage your blood thinner medication.</i>
<b>Smoking Cessation Program</b>	<i>A 3-Session program that aids to quit smoking with the help of a pharmacist.</i>
<b>6-session Obesity/Weight Management Clinic Nutrition Series</b>	<i>Week 1: Getting Off to the Right Start: Canada's Food Guide, Importance of Portions and Food Journals. Week 2: Planning for Success! Menu Planning and Goal Setting. Week 3: Staying on Track: Hunger vs. Appetite, Fibre and Label Reading. Week 4: The Truth about Fats: Dietary Fats and Dining Out. Week 5: Need Energy? Caffeine and Sugar Health Effects and Snacking. Week 6: Healthy Grocery Store Shopping: Tips and Tricks. Note: Daily activity-tips and weight loss strategies offered at every session.</i>