

Children, Youth & Families Addiction and Mental Health Community Services

November, 2015

General Information

Children, Youth & Families, Addiction and Mental Health – Edmonton Zone provides a wide range of publicly funded mental health services and support for children and youth 5-17 years of age and their families residing within Edmonton and area [and areas extending to central and northern Alberta] who require mental health assessment and treatment.

Through Alberta Health Services, Addiction and Mental Health – Edmonton Zone, services are provided at hospital sites, community health care clinics and various community and school locations throughout the Zone.

Assessment and treatment services are generally provided by a multi-disciplinary team of health care providers.

Three primary points of contact:

Intake Services: 780.342.2701

Crisis Services: 780.427.4491

Referral Form:

<http://www.albertahealthservices.ca/services.asp?pid=service&rid=1001856>

Urban Clinic

Northgate: 780.342.2710

Suburban Clinics

Fort Saskatchewan: 780.342.2388

Leduc: 780.986.2660

Morinville: 780.342.2620

Sherwood Park: 780.342.3373

Spruce Grove: 780.342.1370

St. Albert: 780.342.1410

Intake Services

Intake Services provide a single point of access to children's mental health services within the Edmonton zone. Anyone can refer

- ✓ Parent
- ✓ School Personnel
- ✓ Child and Family Services
- ✓ Agency
- ✓ Family Physician

NOTE: Depending upon requested service, a physician referral may be required.

With the exception of emergency and acute services, Intake provides access to secondary and tertiary level children's mental health services including school aged services at CASA.

When a referral is received a telephone screening interview is conducted by a mental health therapist. Based on the information received and the availability of other community resources a decision will be made regarding the appropriate service.



Crisis Services

Crisis Services provides a range of services to families, professionals, and community partners to help support children, youth, and families in mental health crisis. Crisis Services includes:

- **Single Session Walk-In Service** is available to children and youth ages 6-17 and their parent/guardian at the Northgate Addiction and Mental Health Clinic, Monday to Friday 12:30 – 4:00 PM. This service offers a 50-minute, solution-focused, single therapy session on a first-come, first-serve basis with a focus on exploring specific issues and possible solutions. A guardian must accompany the child/youth for consent purposes.
- The **Mobile Response Team (MRT)** offers immediate crisis support through the **Crisis Line (780-427-4491)** to children and adolescents (up to their 18th birthday) and their care providers; it also provides support to professionals in the community in the child serving sector. MRT therapists will determine, together with the caregivers, if additional services are required at the time of the crisis call.
- **Emergency Department (ED) Response**
 - **Stollery ED** – Stollery Children’s Hospital has access to a team of mental health specialists for children and youth who have an emergency mental health concern.
 - **Community Hospital EDs** – Community Hospital EDs will assess, determine a treatment plan, and consult as necessary for children and youth who have an emergency mental health concern.

