

# **WPCN Specialty Clinics/Program Information**

## **Referrals & Contacts**

### Spruce Grove Location, Suite 101, 505 Queen Street, Spruce Grove

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info <u>www.westviewpcn.ca</u> (Patient Services/Programs)
After Hours Clinic	Evenings 6-10 p.m. M-F	Phone: 780.960.9533 x221
Obesity Clinic	Thursday morning with NCM, every other	By Physician/CA Referral-
Nurse Case Managers & Physicians	Thursday with Dr. le Roux, every other Tuesday	Fax Referral form: 780.960.9591
	with Dr. McNicol & NCM	Phone: 780.960.9533 x226
Psychiatrist	Full-time practice at the WPCN Clinic (2-3 month	By Physician-Fax Referral: 780.960.9591
Dr. Mary McArdle	waiting list)	Phone: 780.960.9533
Women's Health Clinic	Every Wednesday morning	Patients call: 780.960.9533 x221
(Female FP & NP)		
Shared Care Maternity Family		Patients call: 780.960.9533 x221
Practice Program		By Physician Referral- <u>Fax Referral form</u> : 780.960.9591

### Stony Plain Location, WestView Health Centre

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info <u>www.westviewpcn.ca</u> (Patient Services/Programs)
After Hours Clinic	Evenings 6-10 p.m. M-F	Phone: 780.963.7108
PCPC-Parkland Chronic Pain Clinic	Wednesdays 9-5 p.m.	By Physician/CA Referral- <u>Fax Referral form</u> : 780.963.4547 Phone: 780.916.1611
Pediatric Asthma Clinic Dr. S. Bhardwaj, Dr. D. Horney	Every 1 <sup>st</sup> & 3 <sup>rd</sup> Thursday of the month (am)	By Physician-Fax Referral to AHS: 780.968.3717
Cast Clinic	Every Wednesday morning	Phone WHC-ER: 780.968.3673

PCN Specialty Programs Brochure\_013015



# **WPCN Specialty Clinics/Program Information**

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### **Other Programs**

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info
		<u>www.westviewpcn.ca</u> (Patient Services/Programs)
Clinical Associates (CA)	Varies by FP Clinic	Grove Medical – 780.962.4455  Main Street Medical – 780.963.4391  Meridian Medical – 780.963.7800  Parkland Medical – 780.962.2001  Symphony Medical – 780.960.1125  Westgrove Clinic – 780.962.9888  Westland Family Practice – 780.962.9393
Pharmacist Integration	Pharmacist schedules	Pharmacist Lead–Kara Mohr–780.960.9533 x228
Mental Health Program	Varies by FP Clinic	By Physician/CA/WHC Mental Health Referral- <u>Fax Referral form</u> to: 780.963.7186
Child & Adolescent Mental Health Services – Edmonton Zone	Various hospital sites, clinics, community and school locations throughout the Zone.	By Physician/Self-Referral- <u>Fax Referral form</u> to AHS: 780.413.4728

### Healthy Learning Sessions (these sessions do not require a physician referral-patients may self-refer).

For patient self-registration, please call: 780.960.9533 x226

Group	Date
Heart Health Class	How diet and medication work to lower your blood pressure and cholesterol.
Pharmacist Coumadin Class	Learn how to manage your blood thinner medication.
Smoking Cessation Program	A 3-Session program that aids to quit smoking with the help of a pharmacist.
6-session Obesity/Weight Management Clinic	Week 1: Getting Off to the Right Start: Canada's Food Guide, Importance of Portions and Food Journals.
Nutrition Series	Week 2: Planning for Success! Menu Planning and Goal Setting.
	Week 3: Staying on Track: Hunger vs. Appetite, Fibre and Label Reading.
	Week 4: The Truth about Fats: Dietary Fats and Dining Out.
	Week 5: Need Energy? Caffeine and Sugar Health Effects and Snacking.
	Week 6: Healthy Grocery Store Shopping: Tips and Tricks.
	Note: Daily activity-tips and weight loss strategies offered at every session.