



WPCN Specialty Clinics/Program Information

Referrals & Contacts

Spruce Grove Location, Suite 101, 505 Queen Street, Spruce Grove

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info
After Hours Clinic	Evenings 6-10 p.m. M-F	Phone: 780.960.9533 x221
Obesity Clinic Nurse Case Managers & Physicians	Thursday morning with NCM, every other Thursday with Dr. Soto, every other Tuesday with Dr. McNicol & NCM	By Physician/CA-Fax Referral: 780.960.9591 Phone: 780.960.9533 x226 Referral Form: westviewpcn.ca/Programs/Obesity Clinic
Psychiatrist Dr. Mary McArdle	Full-time practice at the WPCN Clinic (2-3 month waiting list)	By Physician-Fax Referral: 780.960.9591 Phone: 780.960.9533
Women's Health Clinic (Female FP & NP)	Every Wednesday morning	Patients call: 780.960.9533 x221
Shared Care Maternity Family Practice Program		Patients call: 780.960.9533 x221 Physician/Fax Referral: 780.960.9591 Referral Form: westviewpcn.ca/Programs/SCMFP

Stony Plain Location, WestView Health Centre

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info
After Hours Clinic	Evenings 6-10 p.m. M-F	Phone: 780.963.7108
PCPC-Parkland Chronic Pain Clinic	Wednesdays 9-5 p.m.	By Physician/CA-Fax Referral: 780.963.4547 Phone: 780.916.1611 Referral Form: westviewpcn.ca/Programs/Chronic Pain Clinic
Pediatric Asthma Clinic Dr. S. Bhardwaj, Dr. D. Horney	Every 1 st & 3 rd Thursday of the month (am)	By Physician-Fax Referral to AHS: 780.968.3717
Cast Clinic	Every Wednesday morning	Phone WHC-ER: 780.968.3673



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Other Programs

Specialty Clinic/Program	Days Clinic held	Referral Number/Contact Info
Clinical Associates (CA)	Varies by FP Clinic	Grove Medical – 780.962.4455 Main Street Medical – 780.963.4391 Meridian Medical – 780.963.7800 Parkland Medical – 780.962.2001 Symphony Medical – 780.960.1125 Westgrove Clinic – 780.962.9888 Westland Family Practice – 780.962.9393
Pharmacist Integration	westviewpcn.ca/Programs/Pharmacists	Pharmacist Lead–Kara Mohr–780.960.9533 x228
Mental Health Program	Varies by FP Clinic	By Physician/CA/WHC Mental Health Fax Referrals to: 780.963.7186
WPCN Child & Adolescent Mental Health Therapist	Varies by FP Clinic Every 2 nd and 4 th Wednesday morning of the month @ WPCN Clinical Space	By Physician Referral-Fax referral form to: 780.962.7566

[Healthy Learning Sessions \(these sessions do not require a physician referral-patients may self-refer\).](#)

For patient self-registration, please call: 780.960.9533 x226

Group	Date
Heart Health Class	<i>How diet and medication work to lower your blood pressure and cholesterol.</i>
Pharmacist Coumadin Class	<i>Learn how to manage your blood thinner medication.</i>
Smoking Cessation Program	<i>A 3-Session program that aids to quit smoking with the help of a pharmacist.</i>
6-session Obesity/Weight Management Clinic Nutrition Series	<i>Week 1: Getting Off to the Right Start: Canada's Food Guide, Importance of Portions and Food Journals. Week 2: Planning for Success! Menu Planning and Goal Setting. Week 3: Staying on Track: Hunger vs. Appetite, Fibre and Label Reading. Week 4: The Truth about Fats: Dietary Fats and Dining Out. Week 5: Need Energy? Caffeine and Sugar Health Effects and Snacking. Week 6: Healthy Grocery Store Shopping: Tips and Tricks. Note: Daily activity-tips and weight loss strategies offered at every session.</i>
Healthy Lifestyle Classes	<i>Learn how to incorporate physical activity into your daily life to lose weight, lower your blood pressure and maintain your independence. Please Note: Healthy Lifestyle Classes are cancelled until further notice.</i>