

# WestView Dementia Supports



## Emergency & Crisis Services

**Emergency**..... 9-1-1  
*24-hours Emergency Dispatch*

**RCMP Complaint line**..... 825-220-7267 (RCMP)  
*24-hours non-emergency complaints*

**Distress Line**..... 780-482-4357 (HELP)  
[Distress Line](#)

*24-hours; provide confidential, non-judgmental and short-term crisis intervention, emotional support and resources to people in crisis or distress*

**Mental Health Help Line**.....1-877-303-2642  
*24-hours confidential service; provide urgent support, information and referrals to Albertans experiencing mental health concerns*

**Victim Services Society of Stony Plain, Spruce Grove and District**.....780-968-7272  
*Monday - Friday: 8:30AM - 4:30PM; immediate assistance, support, information, and referrals to victims of crime, accidents, and natural disasters, referred by the RCMP*

**Seniors Abuse Help Line**.....780-454-8888  
*24-hours; provides crisis Intervention, suicide prevention, seniors abuse and family violence prevention, emergency intervention and response, emotional support and community resource referral*

**Emergency Social Services**..... 1-866-644-5135  
*24-hour Contact Centre; call if an emergency (food, clothing/childcare/transportation/damage deposit/temporary accommodation), occurs outside regular hours Support Services*

**211 Alberta**.....2-1-1  
[211](#)  
*24-hours, provide effective, timely and appropriate information and referrals to community resources*

**Town of Stony Plain** .....780-963-8583  
[www.stonyplainfcss.com](http://www.stonyplainfcss.com)  
*Community Connector for Older Adults, Stony Plain Seniors Guide,*

**Caregivers Alberta**.....780-453-5088  
[www.caregiversalberta.ca](http://www.caregiversalberta.ca)  
*Monday - Friday: 9:00AM - 4:30PM; provide group and one-on-one supports to help caregivers connect with others, navigate the system and look after themselves while providing care*

**Alzheimer's Society of AB and NW Territories**.....780-488-2266  
[www.alzheimer.ca](http://www.alzheimer.ca)  
*Monday - Friday: 8:30AM - 4:30PM; First Link Program, support groups, dementia resources*

**SAGE Directory**.....780-423-5510  
*Monday - Friday: 9:00AM - 4:30PM; shelter for abused seniors Seniors Services directory [www.mysage.ca](http://www.mysage.ca)*

**Neighbourlink Parkland**.....780-960-9669  
[www.neighbourlinkparkland.ca](http://www.neighbourlinkparkland.ca)  
*Monday - Friday: 9:00AM - 4:00PM; assists individuals who are unable to access the usual government assistance, have exhausted other resources and are falling through the cracks in the system*

## Government Services

**Alberta Seniors Benefit**.....1-877-644-9992  
*Monday - Friday: 7:30AM - 8:00PM; Seniors Financial Assistance, Special Needs Assistance*

**Health Link Alberta**.....8-1-1  
*24-hours; health advice; dementia specialist nurse*

**MLA-Searle Turton** .....780-962-6006  
*Spruce Grove-Stony Plain Constituency*  
**MLA-Shane Getson** .....780-967-0760  
*Parkland County Constituency*

**Service Canada**.....1-800-277-9914  
*Canada Pension Plan (CPP), Old Age Security (OAS), Guaranteed Income Supplement (GIS) benefits*

### Disclaimer:

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## Healthcare Services

**WestView Health Centre..... 780-968-3600**

*Adult day program, mental health, WestView Geriatric Assessment Team*

**WestView Primary Care Network.....780-960-9533**

[www.westviewpcn.ca](http://www.westviewpcn.ca)

*Find a doctor, medical clinics, social work services, virtual classes, health resources, mental health services*

**Community Care Access.....780-496-1300**

*Home living, day programs / Community Aids for Independent Living (CAIL), supportive living, facility living (Long-Term Care), Edmonton Zone Palliative Care*

## Transportation

### Accessible Transportation Service

**(ATS).....780-963-5444**

*Door-to-door transportation for seniors (65+) and persons (16+) with mobility or cognitive disabilities*

**Drive Happiness.....780-424-5438**

*Need to be 65+; need to be sufficiently mobile to enter and exit vehicles unassisted. Need to have barriers to other transportation options*

## Food

**Meals on Wheels.....780-968-7649**

*Meals are delivered five days a week at noon;  
Rose-Client Representative*

**Parkland Food Bank Society.....780-962-4565**

[www.parklandfoodbank.org](http://www.parklandfoodbank.org)

*By providing food hampers to those in need*

**WECAN Food Basket Society.....780-413-4525**

*Buy food in bulk and distribute to community-based depots; has to be member (\$5 annually) to purchase fresh and nutritious food at an affordable price*

## Rec & Social

**Tri Leisure Centre.....780-960-5080**

[www.trileisure.com](http://www.trileisure.com)

*Seniors Day - second Wednesday of each month (September to May from 10 am - 1 pm); No charge for seniors 80 and over*

**Senior Citizens' Society of Stony Plain.....780-963-4707**

*Scheduled Activities and drop in activities, call for more information; New members are always welcomed*

**Spruce Grove Golden Age Club.....780-962-5020**

*Scheduled Activities and drop in activities, call for more information; New members are always welcomed*

## Counselling & Mental Health

### Addiction and Mental Health (AMH) Access

**24/7..... 780-424-2424**

*Access 24/7; A single point of access for all adult addiction and mental health services in Edmonton; Simply walk-in to Anderson Hall at 10959 102 St NW*

## Housing

Contact **Town of Stony Plain (780-963-8583)** or **Spruce Grove FCSS (780-962-7618)** for a housing booklet or options around independent, supportive, or assisted living

**Meridian Housing Foundation.....780-963-2149**

[www.meridianhousingfoundation.ca](http://www.meridianhousingfoundation.ca)

*65+; Provide administration of subsidized seniors affordable lodges and apartments*

## Advance Care Planning

**Talk to your family physician:** Goals of care, Personal Directive, Enduring Power of Attorney

**Office of the Public Guardian.....780-427-0017**

*Guardianship services, capacity assessment information and court applications*

**Alberta Health Service-Advance Care Planning**

[www.myhealth.alberta.ca](http://www.myhealth.alberta.ca)

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